

# Suncorp Employee Superannuation Plan

## Insurance application form



Issued 13 November 2017

Suncorp Portfolio Services Limited (Trustee)  
ABN 61 063 427 958, AFSL 237905, RSE L0002059

**Use this form to apply for insurance cover or increase your existing cover if you're a member of the Suncorp Employee Superannuation Plan**

### Please note:

- If you're a member with existing insurance cover and have ceased employment with the Suncorp Group, you can apply for an increase to your current Life cover only or Life & Total and Permanent Disability (TPD) cover only – please choose 'Additional Cover' and specify the amount you would like to increase your existing insurance cover by.
- If you're a member without existing insurance cover and have ceased employment with the Suncorp Group, insurance is not available within your super account.
- If you are a former Promina Corporate Superannuation Fund member, or your employer has arranged insurance cover with an external insurer, you have to apply for insurance cover or increase your existing cover using a different insurance application form. The insurance tab in your online account will include a link to the relevant insurance application form that applies to you.

### Tips to help you complete this form

- Use a blue or black pen and write in CAPITAL letters
- Use an 'X' to mark answer boxes
- Complete all sections of the form and sign and date on the last page

### Have any questions?

If you'd like help completing this form, or if you have any questions, please call us on 1800 652 489 between 8am and 6pm (Eastern Standard Time) Monday to Friday.

## Your duty of disclosure

### To be read by the Insured Person before completing the application.

Before a contract of life insurance is entered into with the insurer, we have a duty, under the Insurance Contracts Act 1984, to disclose to the insurer every matter that we know, or could reasonably be expected to know, that is relevant to the insurer's decision whether to accept the risk of the insurance and, if so, on what terms.

This duty of disclosure continues to apply until the contract is entered into. It also applies when the insurer extends, varies or reinstates a contract of life insurance.

This duty, however, doesn't require disclosure of a matter:

- that diminishes the risk to be undertaken by the insurer,
- that's of common knowledge,
- that the insurer knows, or in the ordinary course of their business, ought to know,
- as to which compliance with the duty is waived by the insurer.

As the Insured Person you have the same duty of disclosure and it is a condition of your membership to discharge that duty.

**Non-disclosure** – If you fail to comply with your duty of disclosure and the insurer would not have entered into the contract if the failure had not occurred, the insurer may avoid the contract within 3 years of entering into it.

If your non-disclosure is fraudulent, the insurer may avoid the contract at any time.

The insurer may elect not to avoid the contract but to vary it by:

- reducing the sum insured in accordance with a formula that takes into account the premium that would have been payable if you had complied with your duty of disclosure; or
- placing the insurer in the position in which the insurer would have been in if you had complied with your duty of disclosure.

The options to vary the contract are available to the insurer while the contract remains in force.

Where the contract provides Life cover, the insurer may only apply (i) above and must do so within 3 years of entering into the contract.

As the contract is for insurance of your life as the Insured Person, any failure by you to provide information about a matter that you know, or could reasonably be expected to know, is relevant to the insurer's decision whether to give you insurance and, if so, on what terms, may be treated as a failure by us, as the policy owner, to comply with our duty of disclosure.

# 1. Personal Details

Suncorp Employee  
Superannuation Plan  
account number

Title\*     Single  Married  De-facto

Gender\* Male  Female

Last name\*

Given name(s)\*

Date of birth\*   /   /

Daytime phone number\*

Mobile phone number\*

Email address\*

\* mandatory field

# 2. Insurance cover

## Life and TPD

You may select a different level of Life and TPD cover to suit your needs, as per below. You can select Income Protection cover further below.

Tick box	Insurance type	Description
<input type="checkbox"/>	Default Cover	7.5% of your salary multiplied by future years and complete months of service to age 70.
<input type="checkbox"/>	Additional Cover	<p>\$_____ Nominate the additional amount of insurance cover you require.</p> <p>The maximum benefit limit (MBL) that applies for additional cover is \$1 million for Life cover and \$1 million for TPD cover, including the amount under your Default Cover (if applicable). Please confirm which type additional cover you are applying for:</p> <p><input type="checkbox"/> Life cover    <input type="checkbox"/> TPD cover    <input type="checkbox"/> Life &amp; TPD cover</p>

- When applying for Life and TPD, the TPD cover amount can't exceed the Life cover amount.
- If you are employed by the Suncorp Group and you are applying for Default Cover only within 120 days of joining the Suncorp Group, please proceed to section 13.
- If you are employed by the Suncorp Group and you are applying for Default Cover 120 days after joining the Suncorp Group, you will need to complete sections 3 to 12 before proceeding to section 13.
- If you are applying for Additional Cover, you will need to complete sections 3 to 13.
- If you have an existing level of insurance cover above the new MBL, you will continue to enjoy that level of insurance cover in your new SESP account. However, you will not be able to increase your cover level further. If you have an existing level of insurance cover below the MBL, you will continue to enjoy that level of insurance cover in your new SESP account. However, any future increases to your existing cover will be capped at the new MBL.

## Income Protection (for current employees of the Suncorp Group only)

Income Protection cover (IP) Amount of cover \$  pa

Waiting period: 60 days

(This cannot be greater than 75% of your base salary)

Benefit period: 2 years

# 3. Occupational details

Date joined company   /   /

Occupation

Hours worked per week

Basis of employment  Permanent  
 Casual  
 Contract

## Employees

What is your current annual base salary (excluding superannuation)? \$

Your salary is pre-tax income which includes any packaged elements not received directly by you as taxable earnings, but excludes any directors fees, bonuses (except for Financial Planners), overtime, commission, investment income, compulsory superannuation contributions and profit distribution.

## 4. Insurance history

If you have existing insurance providing benefits similar to that being applied for, we'll take this existing insurance cover into account when considering whether or not to accept this application.

1. Do you have with us or any other company, or are you currently applying for, any type of life, superannuation, sickness, accident, trauma, lump sum disablement or disability insurance? ..... Yes  No

If 'yes', please provide:

Name of company	Type of insurance	Insured benefit	Date commenced	Is policy to be discontinued/ replaced?
		\$	/ /	Yes* <input type="checkbox"/> No <input type="checkbox"/>
		\$		Yes* <input type="checkbox"/> No <input type="checkbox"/>

**\*If you've indicated that it's your intention to replace insurance you currently have with the cover you're now applying for, the replacement cover under any policy we issue will only start when the insurance which is to be replaced is cancelled.**

2. Has any application for insurance ever been refused, postponed, accepted with an increased insurance fee or on modified terms? ..... Yes  No

If 'yes', please provide details:

3. Are you claiming or have you ever claimed benefits from any source eg. an insurance policy, workers compensation, social security (including unemployment benefits), veterans affairs, sickness benefits, invalid pension, third party, etc? ..... Yes  No

If 'yes', please provide:

Date	Source	Reason	Has the claim been settled/ benefits ceased?	Date ceased
/ /			Yes <input type="checkbox"/> No <input type="checkbox"/>	/ /
/ /			Yes <input type="checkbox"/> No <input type="checkbox"/>	/ /

### How to complete the rest of this application

**You can complete 'Part A – Short personal health statement' if the following applies to you.**

You're under age 55 and applying for sums insured up to the Automatic Acceptance Limit (AAL), including any existing cover, for Life cover only or Life & TPD cover.

You can't complete 'Part A – Short personal health statement' if you're applying for IP. Please complete 'Part B – Full personal health statement'.

**Please note if you answer "Yes" to any of the questions in 'Part A – Short personal health statement', you'll also need to complete 'Part B – Full personal health statement'.**

**You must complete 'Part B – Full personal health statement' if the following applies to you.**

You're age 55 and over or

- would like sums insured over the AAL (including any existing cover), for Life cover only or Life & TPD cover and/or;
- you're applying for Income Protection (IP) cover.

## PART A – Short personal health statement

Only complete Part A where you are under age 55 and applying for sums insured up to the AAL (including any existing cover) for Life cover only or Life & TPD cover. If this does not apply to you or you are also applying for Income Protection cover you must complete Part B.

1. Please provide the following details:

Height \_\_\_\_\_ cm or \_\_\_\_\_ feet/inches

Weight \_\_\_\_\_ kg or \_\_\_\_\_ stone/pounds

### Important information

**If you answer "Yes" to any of the questions in the short personal health statement below, please DO NOT continue completing this section. Instead, please complete Part B.**

2. Have you smoked tobacco or any other substance in the last 12 months? ..... Yes  No

3. Do you engage in any hazardous activities, pursuits or occupational duties, such as but not limited to motorised sports, scuba diving below 40 metres or aviation (other than as a fare paying passenger on a licensed public service (eg. Qantas))? ..... Yes  No

4. Do you have any definite plans to travel or reside overseas in the future? (Holidays less than 4 weeks don't need to be disclosed) ..... Yes  No

5. Have you ever suffered symptoms of, or had, or been told you have, or received or are contemplating any advice or treatment for:

i. Muscular skeletal disorders (eg. back, joint), arthritis, loss of limb or paralysis? ..... Yes  No

ii. Impairment of sight or hearing (not including long or short sightedness)? ..... Yes  No

iii. Mental or nervous disorder including stress, anxiety, depression or neurological condition? ..... Yes  No

iv. Cancer or tumour of any type? ..... Yes  No

v. Diabetes or liver disease including hepatitis? ..... Yes  No

vi. High blood pressure, high cholesterol, chest pain, heart complaint or stroke? ..... Yes  No

vii. Disorders and or disease of the kidney, bladder, bowel or stomach? ..... Yes  No

6. Are you suffering from Acquired Immune Deficiency Syndrome (AIDS) or infected with the Human Immunodeficiency Virus (HIV) or are you carrying antibodies to HIV? ..... Yes  No

7. In the last 5 years have you or do you intend to:

i. Work as or engage in sexual intercourse with a prostitute? ..... Yes  No

ii. Had unprotected anal sexual intercourse with more than one partner? ..... Yes  No

iii. Have sexual intercourse with an intravenous drug user? ..... Yes  No

iv. Have sexual intercourse with someone you suspect or know to be HIV positive? ..... Yes  No

**If you have answered 'Yes' to any of the above, our underwriters will contact you for further information.**

8. To the best of your knowledge, have two or more members of your immediate family, ie. parents, brothers or sisters (living or deceased) suffered from any hereditary disease before age 60? ..... Yes  No

9. Does your alcohol consumption exceed more than 20 standard drinks per week? ..... Yes  No

**If you answered "No" to all of the above questions, please go straight to Section 13 'Declaration and signature'.**

## PART B – Full personal health statement

### 5. Residence and travel (must be completed)

1. Were you born in Australia? ..... Yes  No
- If 'yes', please go straight to question 3
2. Are you an Australian citizen or do you hold an Australian Permanent resident visa? ..... Yes  No
- How long have you lived in Australia?  Country of birth  Visa type
3. Do you travel overseas in your job? ..... Yes  No
- Countries  Purpose
- Duration  Frequency
4. Do you have definite plans to live or travel overseas in the future? ..... Yes  No
- If 'yes', please advise Date leaving  /  /  /  /  /  Date returning  /  /  /  /  /
- Countries to be visited  Reason for trip

### 6. Medical history (must be completed, except when a medical examination is required)

1. What is your height and weight?
- Height  cm or  feet/inches
- Weight  kg or  stone/pounds
2. Are you left handed or right handed? ..... Left  Right
3. Have you ever had any symptoms of, investigation or treatment for, or received a diagnosis for:
- a. Heart attack, angina, chest pain, stroke, hypertension (high blood pressure) or high cholesterol readings? ..... Yes  No
- b. Asthma, bronchitis, emphysema? ..... Yes  No
- c. Depression, anxiety, panic attacks, stress (requiring advice from a doctor or counsellor), psychosis, schizophrenia or any other mental illness or nervous disorder? ..... Yes  No
- d. Epilepsy, fainting attacks or fits of any kind? ..... Yes  No
- e. Recurrent indigestion, ulcer, Hepatitis (A, B, C or D)? ..... Yes  No
- f. Cancer, tumour, sunspot, skin cancer, lump or growth of any kind or breast lumps (even if you have not seen a doctor)? ..... Yes  No
- g. Any impairment of sight or hearing including symptoms such as tinnitus or blurred vision? (This does not include long or short sightedness corrected by glasses) ..... Yes  No
- h. Back or neck pain or strain, sciatica or any other disorder of the spine or neck or any disorder of the joints, muscles, ligaments, cartilage or limbs? ..... Yes  No
- i. Arthritis, gout, fibromyalgia, osteoporosis, tendonitis, tenosynovitis, overuse syndrome or any regional pain syndrome or chronic fatigue? ..... Yes  No
- j. Diabetes or abnormal blood sugar? ..... Yes  No
- k. Psoriasis, eczema or any other disorder of the skin, or any allergic or chemical sensitivity reaction? ..... Yes  No
- If you answered 'yes' to any of the conditions above, please also complete a Special health questionnaire (on pages 10 to 13) for each condition.
4. **Other than those conditions stated in question 3, have you ever had any symptoms of, investigation or treatment for, or received a diagnosis for:**
- a. Heart murmur or any other heart or blood vessel disorder? ..... Yes  No
- b. Anaemia, leukaemia, haemophilia, haemochromatosis or any other blood disorder? ..... Yes  No
- c. Tuberculosis or any other lung or respiratory system disorder? ..... Yes  No
- d. Paralysis, multiple sclerosis, recurrent headaches or any other disorder of the nervous system? ..... Yes  No
- e. Passage of blood from the bowel, vomiting of blood or any other disorder of the liver, gall bladder, bowel, intestine, stomach or pancreas? ... Yes  No
- f. Prostate disorder, sexually transmitted disease, renal colic or stone, blood in the urine or any other disorder of the kidneys, bladder or reproductive organs? ..... Yes  No
- g. Sleep apnoea or any sleeping disorder? ..... Yes  No
- h. Thyroid disorder or any other glandular disorder? ..... Yes  No
- i. Any illness, injury or physical impairment not previously mentioned? ..... Yes  No

5. Do you take any prescribed medication on a regular basis (other than the contraceptive pill)? ..... Yes  No
6. Have you ever had or are you considering having a genetic test where you received (or are currently awaiting) an individual result? ..... Yes  No
7. Are you considering consulting a doctor, health professional, seeking a medical examination, advice, treatment, tests or an operation? ..... Yes  No
8. Other than already stated, during the last 3 years have you been examined or treated by or received advice from any doctor, psychologist, chiropractor, physiotherapist, natural therapist or any other health care professional, been in hospital, had any operation or had any tests or investigations (eg. x-ray, ECG etc)? ..... Yes  No
9. Has your mother or father, or any brother or sister had breast, ovarian, colon or other cancer, diabetes, high blood pressure, heart problems, stroke, mental disorder, haemochromatosis, Huntington's disease, muscular dystrophy, familial adenomatous polyposis, polycystic kidney, osteoporosis, Creutzfeldt-Jakob disease or any other hereditary disease? ..... Yes  No

If 'yes', please provide details in the following table.

Family member (relationship to you)	Condition/Sickness (for cancer/heart disease, specify type)	Age at onset (approx)	Age at death (if applicable)

10. Females only

- a. (i) Have you ever had an abnormal pap smear or breast ultrasound or mammogram? ..... Yes  No   
 If 'yes', please provide details of test(s), result(s) and date(s).
- (ii) Have you had any follow up tests beyond the initial test mentioned in a(i)? ..... Yes  No   
 If 'yes', please provide details of test(s), result(s) and date(s).
- b. Are you currently pregnant? ..... Yes  No   
 (i) If 'yes', due date  /  /   
 (ii) Have there been or are there expected to be any complications? ..... Yes  No   
 If 'yes', please provide details.

If you answered 'yes' to 4, 5, 6, 7 or 8 please provide details.

Question no.  Illness, injury or tests

Test results

Date commenced  /  /  Time off work  Degree of recovery (%)

Date of last symptoms  Treatment received

Full name and address of doctor or hospital

State      Postcode

Question no.  Illness, injury or tests

Test results

Date commenced  /  /  Time off work  Degree of recovery (%)

Date of last symptoms  Treatment received

Full name and address of doctor or hospital

State      Postcode

Question no.  Illness, injury or tests

Test results

Date commenced  /  /  Time off work  Degree of recovery (%)

Date of last symptoms  Treatment received

Full name and address of doctor or hospital

State      Postcode

Question no.  Illness,   
injury or tests   
Test results   
Date commenced  /  /  Time off work  Degree of recovery (%)   
Date of last symptoms  Treatment received   
Full name and address of doctor or hospital   
 State  Postcode

Question no.  Illness,   
injury or tests   
Test results   
Date commenced  /  /  Time off work  Degree of recovery (%)   
Date of last symptoms  Treatment received   
Full name and address of doctor or hospital   
 State  Postcode

Question no.  Illness,   
injury or tests   
Test results   
Date commenced  /  /  Time off work  Degree of recovery (%)   
Date of last symptoms  Treatment received   
Full name and address of doctor or hospital   
 State  Postcode

**7. Habits (must be completed, except when a medical examination is required)**

1. Have you ever smoked tobacco or any other substance, or, in the last 12 months, used any nicotine replacement therapy product? ..... Yes  No   
If 'yes', type (eg. cigarettes, gum, patches)?  Daily quantity?   
How many years?  Date ceased if applicable  /  /   
Other

2. Do you drink alcohol? ..... Yes  No   
If 'yes', please advise number of standard drinks per week?   
Standard drink = 30 ml (1 nip) spirits, 100 ml (1 glass) wine, 60 ml (1 serve) sherry or port, 285ml (middy/half pint) full strength beer.

3. Have you ever used or injected yourself with any illegal or illicit drugs? ..... Yes  No

4. Have you ever received advice, counselling or treatment for the use of drugs or alcohol? ..... Yes  No

If you answered 'yes' to question 3 or 4, please provide details in the following table

Question no.	Date from	Date to	Type of usage (alcohol, heroin etc)	Name and address of doctor who has full details
	/ /	/ /		
	/ /	/ /		

## 8. Doctor's details (must be completed)

If you do not have a usual doctor, answer these questions with reference to your most recent medical consultation.

1. Name of your usual doctor   
Address   
Work phone ( )  Fax ( )
2. How long have you been a patient of this doctor?  Date of last consultation  /  /  /   
Reason and outcome of last consultation
3. If you have been attending your current doctor for less than 2 years, please provide the following details:  
Name of previous doctor/medical centre   
Address   
 State  Postcode   
Please provide date, reason and outcome of last consultation(s).

## 9. HIV (must be completed)

1. Are you suffering from Acquired Immune Deficiency Syndrome (AIDS) or infected with the Human Immunodeficiency Virus (HIV) or are you carrying antibodies to HIV? ..... Yes  No
2. In the last 5 years have you or do you intend to:
- a. Work as or engage in sexual intercourse with a prostitute? ..... Yes  No
- b. Had unprotected anal sexual intercourse with more than one partner? ..... Yes  No
- c. Have sexual intercourse with an intravenous drug user? ..... Yes  No
- d. Have sexual intercourse with someone you suspect or know to be HIV positive? ..... Yes  No

**If you have answered 'yes' to any of the above, our underwriters will contact you for further information.**

## 10. Activities (must be completed)

1. In the last 12 months have you taken part or do you have definite intentions to take part in any organised sport or hazardous activity eg. football, parachuting, hang gliding, motor sport of any kind, underwater diving, rock climbing, paragliding, caving, mountaineering, ocean racing, martial arts, rodeo, aviation other than as a fare paying passenger on a licensed public service (eg. Qantas)? ..... Yes  No   
If 'yes', please answer the activities questionnaire on page 9.
2. Type of activity
3. Do you want to be considered for cover whilst taking part in this activity? .....  Yes, please complete Section 11  
 No



# 11. Activities questionnaire (must be completed if you indicated 'yes' in Section 10 question 3)

## Underwater diving

a. Type (scuba, hookah etc)  b. What are your qualifications for this activity?

c. How long have you been doing this?  d. How often do you do this?

e. Are you professional or amateur?

f. Maximum depth of dives  Meters g. Average depth of dives  Meters

h. Geographical location

i. Do you dive in wrecks, potholes or caves? .....Yes  No

j. Have you ever had a diving accident or diving sickness? (eg. blackout, needed decompression etc).....Yes  No

k. Do you intend to change the scope of your license/participation? .....Yes  No

If 'yes' to i – k, please provide details.

## Motor sports

a. Type (car, bike etc)  b. Events (speedway, off road etc)

c. How long have you been doing this?  d. How often do you do this?

e. Are you professional or amateur?

Category (eg. touring cars)	Class (eg. AA/D)	Vehicle & type of fuel	Engine capacity	No. of vehicles in event	Max speed km/hour
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

k. Do you intend to change the scope of your license/participation? .....Yes  No

If 'yes', please provide details.

## Flying – power-driven aircraft or conventional glider

a. What type of flying do you do (private, agricultural, ultralight etc)?

b. Total number of hours flown as a pilot?  Hrs Number of hours in the past 12 months?.....Fixed Wing  Hrs Helicopter  Hrs

c. Number of hours expected in the next year? .....Fixed Wing  Hrs Helicopter  Hrs

d. Geographical location

e. What class license do you hold?

f. Do you intend to change the scope of your license? .....Yes  No

If 'yes', please provide details.

## Abseiling, caving, mountaineering, rock climbing

a. Activity

b. How long have you been doing this?  c. How often do you do this?

d. Geographical location

e. Maximum altitude/depth  f. Equipment used

g. Maximum grade of climb  h. Type (top roping etc)

## Other activity

a. Describe activity  b. What are your qualifications for this?

c. How long have you been doing this?  d. How often do you do this?

e. Geographical location  f. Are you professional or amateur?

## 12. Special health questionnaires

### Skin Lesion/Skin Cancer/Sun Spot

1. How many skin lesions, skin cancers or sun spots have you had treated?
2. Please provide details of each of the above in the table below. If more than 3, provide details on a separate page.

	Lesion 1	Lesion 2	Lesion 3
a) Where on the body was it located: eg. arm, nose, scalp.			
b) Was the lesion benign or malignant?			
c) What was the diagnosis? ie the name advised by your doctor eg. melanoma, BCC, keratosis etc.			
d) What was the date of diagnosis, biopsy, or treatment?			
e) How was it treated?* See examples of treatment types below.			

**\*Examples of treatment types:** Excised (surgically removed), curettage (removal with a scraping instrument), cryotherapy (freezing off), diathermy (burning off), topical cream eg. Efudix/Aldara or photodynamic therapy.

3. Have you been advised to have regular skin checks? ..... Yes  No

If 'yes', please advise by whom and the frequency.

4. What was the date and result of your last skin check and the name and address of the doctor or clinic consulted?

Name and address

 Date   /   /     

5. Has any further follow-up or treatment been recommended? ..... Yes  No

If 'yes', please provide details.

6. Do you have or can you obtain a copy of any pathology reports which relate to the skin lesion(s)/cancer(s) or sun spot(s) treated? ..... Yes  No

If 'yes', please attach a copy to this application.

7. Does your regular doctor, skin specialist or skin clinic have details regarding the lesion(s)/cancer(s) or sun spot(s)? ..... Yes  No

If 'yes', please indicate which one and provide the name and address if it's not your usual doctor.

If 'no', please provide the name and address of the doctor who has full details.

Name and address

8. Do you have any skin lesions for which you are considering consulting a doctor or seeking medical advice or treatment? ..... Yes  No

If 'yes', please provide details.

**Hypertension (High Blood Pressure)**

1. When were you first diagnosed with hypertension? [ d | d ] / [ m | m ] / [ y | y | y | y ]

2. What was your pre-treatment level?  

Date	Reading (If unsure, answer 'unsure')
/ /	

3. Have you taken regular or occasional medication for this condition? ..... Yes  No

If 'yes', please advise commencement date, type, dosage and frequency.  


4. Please provide details of your last two readings/tests, including dates and any change to your treatment.

Date	Reading (If unsure, answer 'unsure')	If treatment was changed, give details
/ /		
/ /		

5. Have you had an electrocardiogram (ECG), Blood Pressure monitor or any other heart test? ..... Yes  No

If 'yes', please advise the date, referring doctor's details, type of test and result, if known.  


6. Do you have any complications as a result of hypertension? ..... Yes  No

If 'yes', please provide details.  


7. Does your regular doctor have details of this condition? ..... Yes  No

If 'no', please provide the name and address of the doctor who has full details.  


**High Cholesterol**

1. When were you first diagnosed with high cholesterol/triglycerides? [ d | d ] / [ m | m ] / [ y | y | y | y ]

2. What was your pre-treatment level?  

Date	Reading (If unsure, answer 'unsure')
/ /	

3. Have you taken regular or occasional medication for this condition? ..... Yes  No

If 'yes', please advise commencement date, type, dosage and frequency.  


4. Please provide details of your last two cholesterol test results, including dates and any change to your treatment.

Date	Reading (If unsure, answer 'unsure')	If treatment was changed, give details
/ /	Cholesterol	
	HDL	
	LDL	
	Triglycerides	
/ /	Cholesterol	
	HDL	
	LDL	
	Triglycerides	

5. Have you had an electrocardiogram (ECG), blood pressure monitor or any other heart test? ..... Yes  No

If 'yes', please advise the date, referring doctor's details, type of test and result, if known.  


6. Does your regular doctor have details of this condition? ..... Yes  No

If 'no', please provide the name and address of the doctor who has full details.  


**Asthma**

1. Date asthma first diagnosed   /   /
2. How often do you experience symptoms? eg. wheezing, breathlessness, chest tightness.
3. When did you last experience symptoms?  
  /   /
4. Are you woken during the night with symptoms? .....Yes  No   
If 'yes', how often and date of last occurrence.
5. Have you ever been off work due to your asthma? .....Yes  No   
If 'yes', please advise when and for how long.
6. What is your current treatment? Include type of medication and dosage.
7. Have you ever required use of oral steroids? .....Yes  No   
If 'yes', please advise when and for how long.
8. Have you ever been in hospital or received emergency treatment for asthma?.....Yes  No   
If 'yes', please advise when, for how long and where.
9. Do you ever measure your peak flow?. .....Yes  No   
If 'yes', please advise your highest and lowest readings in the past 6 months.
10. Have you ever consulted a specialist for this condition?. ...Yes  No   
If 'yes', please advise name and address of doctor and date of last consultation.
11. Does your usual doctor have details of this condition? .....Yes  No   
If 'no', please provide name and address of doctor who has full details.
12. Please advise details of your most recent visit to any other doctor for this condition. Include date, name and address of doctor consulted.

**Anxiety/Depression/Nervous disorder**

1. Nature of condition and underlying cause.
2. Describe your symptoms.
3. Date symptoms commenced   /   /
- i) Are you still experiencing symptoms? .....Yes  No
- ii) If 'no', when did you last experience symptoms?  
  /   /
4. Have you had any recurrence of this condition? .....Yes  No   
If 'yes', please advise when and how many times.
5. Have you taken regular or occasional medication for this condition? .....Yes  No   
If 'yes', please advise type, dosage and frequency.
6. Are you still taking this medication? .....Yes  No   
If 'no', please advise date ceased.   /   /
7. Have you had any other treatment (eg. counselling, hospitalisation, ECT)? .....Yes  No   
If 'yes', please advise type, dates, hospital and name and address of treating doctor.
8. Have you ever been off work or had your normal daily activities restricted in any way due to this condition? .....Yes  No   
If 'yes', please advise when and for how long.
9. Have you any ongoing effects or restriction in your activities of any kind? .....Yes  No   
If 'yes', please provide details.
10. Have you ever consulted a psychiatrist, psychologist, counsellor or any other therapist? .....Yes  No   
If 'yes', please advise dates and name and address of all persons consulted.
11. Please provide details of your most recent visit for this condition. Include date, name and address of the doctor or health professional consulted.
12. Does your usual doctor have details of this condition?.....Yes  No   
If 'no', please provide name and address of doctor who has full details.

**Back/Neck**

1. Area of spine affected? Neck, upper or lower back?
2. Date of first symptoms  /  /
3. What was the cause?
4. Have you had any diagnostic investigations  
 eg. CT Scans, x-rays etc? ..... Yes  No   
 If 'yes', please provide details of test(s), result(s) and date(s).
5. Are you still experiencing symptoms? ..... Yes  No   
 If 'no', please provide date of last experienced symptoms?  /  /
6. How often do/did you have symptoms?
7. Do you have or have you ever had pain, numbness or 'pins and needles' in your arms, shoulders, buttocks or legs? ..... Yes  No
8. Have you ever been off work due to your spinal symptoms or unable to perform your normal day to day activities? ..... Yes  No   
 If 'yes', when and for how long?
9. What is the nature of the treatment (eg. spinal manipulation, deep tissue massage etc)?  
  
 i) Are you still receiving treatment? ..... Yes  No   
 ii) If 'no', when did you cease treatment?  
 /  /
10. Have you ever consulted a specialist for this condition?... Yes  No   
 If 'yes', provide name and address of specialist and date of last consultation.
11. Please provide details of your most recent visit to any other doctor or therapist for this condition. Include date, name and address of doctor or therapist consulted.
12. Have you had any ongoing effects of any kind?  
 Eg. pain, discomfort or limitations of movement etc? ..... Yes  No   
 If 'yes', please provide details.
13. Is it necessary to avoid lifting or to restrict your daily activities in any way? ..... Yes  No   
 If 'yes', please provide details.
14. Does your regular doctor have details of this condition?... Yes  No   
 If 'no', please provide name and address of doctor who has full details.

**Any other condition**

1. Name of condition (exact diagnosis)
2. The cause
- 3 a. Describe symptoms   
 b. Date symptoms commenced  /  /   
 Date symptoms ceased  /  /   
 c. How often do/did you have symptoms?
4. Have you ever been off work or had your normal daily activities restricted in any way because of this condition? ..... Yes  No   

Date	Duration	Reason/Restriction
/ /		
/ /		
/ /		
5. Have you any residual, on-going effects or restriction in your daily activities? ..... Yes  No   
 If 'yes', please provide details.
6. Have you taken regular or occasional medication for this condition? ..... Yes  No   
 If 'yes', please advise names of medication(s), dosage(s) and frequency.  
  
 Are you still taking this medication? ..... Yes  No
7. Have you had any other treatment for this condition (eg. physiotherapy, operation, alternative remedies)? ..... Yes  No
8. Have you had any diagnostic investigations (eg. scope, scan, x-rays, EEG, ECG etc)? ..... Yes  No
9. Have you ever been in hospital or received emergency treatment for anything related to this condition? ..... Yes  No
10. If you answered 'yes' to 7, 8 or 9, please provide details including date, type of treatment and tests.
11. Details of your most recent visit to a doctor or other therapist for anything related to this condition.  

Date	Reason for consultation, investigations, findings, advice
/ /	

 Doctor/Therapist name and specialty
12. Has further treatment been recommended for this condition? ..... Yes  No   
 If 'yes', please provide details
13. Does your usual doctor have details of this condition? ..... Yes  No   
 If 'no', please provide name and address of doctor who has full details.

